

October 2019

September '19							November '19						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7						1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30						24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 B: Pineapple, Waffle L: Hot Dogs, Peaches, Baked Beans S: Cheese, Wheat Thins	1 B: peaches, toast L: Chicken Sandwich, Mandarin Oranges, Baby Limas S: Apple Juice, Cheezits	2 B: Mixed Fruit, Kix L: Sheperd's Pie, Pears S: Peanut Butter Sandwich	3 B: Pears, Biscuit L: Hashbrown Casserole, Pineapple S: Apple Juice, Pretzels	4 B: Applesauce, French Toast L: Chili, Saltines S: Apple Juice, Graham Crackers	5
6	7 B: Peaches, Pancake L: Turkey Cheese Roll Ups, Pears, Baby Limas S: Apple Juice, Goldfish	8 B: Pineapple, Bagel L: Hamburger Steak, Rice and Gravy, Peaches, Sweet Peas S: Cheese, Ritz	9 B: Raisins, Oatmeal L: Chicken Pot Pie, Mandarin Oranges S: Apple Juice, Tortillas	10 B: Pears, Toast L: Macaroni and Cheese, Peaches, Broccoli S: Peanut Butter Sandwich	11 B: Applesauce, Cheerios L: Red Beans and Rice, Corn, Pineapple S: Apple Juice, Pretzels	12
13	14 B: Pineapple, waffle L: Hot Dog, Peaches, Baked Beans S: Cheese, Wheat Thins	15 B: Peaches, Toast L: Spaghetti, Green Beans, Pears S: Apple Juice, Cheezits	16 B: Mixed Fruit, Kix L: Chicken Sandwich, Green Baby Limas, Mandarin Oranges S: Peanut Butter Sandwich	17 B: Pears, Biscuit L: Mexican Casserole, Saltines S: Apple Juice, Pretzels	18 B: Applesauce, French Toast L: Chicken, Pineapple, Carrots, Ritz Crackers S: Apple Juice, Graham Crackers	19
20	21 B: Peaches, Pancake L: Hamburgers, Baby Limas, Mandarin Oranges S: Apple Juice, Goldfish	22 B: Pineapple, Bagel L: Chicken Spaghetti, Apples, Green Beans S: Cheese, Ritz	23 B: Pears, Cinnamon Toast L: Goulash S: Apple Juice, Tortillas	24 B: Grits, Mixed Fruit L: Chicken and Rice, Peaches, Sweet Peas, S: Peanut Butter Sandwich	25 B: Applesauce, Cheerios L: Fiesta Pizza, Pineapple, Corn S: Apple Juice, Pretzels	26
27	28 B: Pineapple, Waffle L: Hot Dogs, Peaches, Baked Beans S: Cheese, Wheat Thins	29 B: peaches, toast L: Chicken Sandwich, Mandarin Oranges, Baby Limas S: Apple Juice, Cheezits	30 B: Mixed Fruit, Kix L: Sheperd's Pie, Pears S: Peanut Butter Sandwich	31 B: Pears, Biscuit L: Hashbrown Casserole, Pineapple S: Apple Juice, Pretzels	1 B: Applesauce, French Toast L: Chili, Saltines S: Apple Juice, Graham Crackers	2

Menu is subject to change based on availability of items. All meals served comply with the USDA Meal Pattern Requirements. Milk is served at Breakfast and Lunch daily. Water is also available at every meal.